

**Lynchburg YMCA Swim Team**  
**Head Coach TJ Liston, 434-384-6338**

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**RECORDS 25 yard team record**

**Yards-Female**

8 & U	25 Free	14.28	<b>13-Jan-96</b>	LY	Brittney Jamerson	
	50 Free	31.38	<b>17-Feb-96</b>	LY	Brittney Jamerson	
	100 Free	1:13.11	<b>20-Dec-96</b>	LY	Melissa Jamerson	
	200 Free	2:52.40	<b>6-Jan-07</b>	LY VA	Alyssa Reed at LY New Year's Invite 2007	
	25 Back	17.77	<b>16-Jan-94</b>	LY	Vanessa Cannon	
	50 Back	38.08	<b>18-Oct-97</b>	LY	Melissa Jamerson	
	100 Back	1:26.87	<b>6-Jan-07</b>	LY VA	Alyssa Reed at LY New Year's Invite 2007	
	25 Breast	19.46	<b>13-Nov-93</b>	LY	Bryn Gardner	
	50 Breast	43.20	<b>26-Feb-99</b>	LY	Lauren Hines	
	100 Breast	1:37.92	<b>8-Mar-02</b>	LY VA	Susanna White at A/BB Championship Meet	
	25 Fly	16.39	<b>21-Mar-99</b>	LY	Lauren Hines	
	50 Fly	35.67	<b>20-Feb-99</b>	LY	Lauren Hines	
	100 IM	1:25.31	<b>21-Mar-99</b>	LY	Lauren Hines	
	200 IM	3:17.86	<b>17-Nov-06</b>	LY VA	Alyssa Reed at 2006 SWAT Thanksgiving Invite	
	100 Free Relay	1:03.91	<b>19-Feb-80</b>	LY	M.DeMars, S.Howerton, L.DeMars, A.Perrow	
100 Medley Relay	1:11.89	<b>19-Feb-80</b>	LY	A.Perrow, M.DeMars, B.Alexander, L.DeMars		
9-10	50 Free	27.19	<b>13-Dec-97</b>	LY	Brittney Jamerson	
	100 Free	1:00.04	<b>13-Dec-97</b>	LY	Brittney Jamerson	
	200 Free	2:12.31	<b>7-Feb-98</b>	LY	Brittney Jamerson	
	500 Free	6:10.89	<b>12-Dec-08</b>	LY VA	Alyssa Reed at 08 RAYS SNOWFLAKE INVITATIONAL	
	50 Back	31.89	<b>4-Jan-96</b>	LY	Vanessa Cannon	
	100 Back	1:08.29	<b>29-Mar-01</b>	LY	Lauren Hines	
	50 Breast	35.05	<b>1-Apr-04</b>	LY VA	SUSANNA WHITE at Eastern Zone SC Swimming Champ	
	100 Breast	1:17.81	<b>1-Apr-04</b>	LY VA	SUSANNA WHITE at Eastern Zone SC Swimming Champ	
	50 Fly	30.99	<b>17-Dec-95</b>	LY	Vanessa Cannon	
	100 Fly	1:10.77	<b>10-Jan-09</b>	LY VA	Alyssa Reed at Virginia Y League Championship 2009	
	100 IM	1:09.98	<b>7-Feb-98</b>	LY	Brittney Jamerson	
	200 IM	2:32.61	<b>29-Mar-01</b>	LY	Lauren Hines	
	200 Free Relay	2:02.46	<b>13-Mar-09</b>	LY VA	Lynchburg YMCA	C. Wrabley, K. Rossman, K. Childress, A. Jennings
	200 Medley Relay	2:16.84	<b>20-Dec-08</b>	LY VA	Lynchburg YMCA	Childress, Pfister, Reed, Meinke
11-12	50 Free	25.41	<b>27-Mar-03</b>	LY	Lauren Hines	
	100 Free	55.06	<b>27-Mar-03</b>	LY	Lauren Hines	
	200 Free	2:00.99	<b>17-Dec-10</b>	LY VA	Anna Meinke at 18th Annual TYR Capital Classic	
	500 Free	5:23.40	<b>17-Dec-10</b>	LY VA	Anna Meinke at 18th Annual TYR Capital Classic	
	1000 Free	11:37.44	<b>7-Jan-11</b>	LY VA	Alyssa Reed at 2011 LY YMCA Invitational	
	1650 Free	18:51.96	<b>12-Nov-10</b>	LY VA	Anna Meinke at 2010 HOKI November Invitational	
	50 Back	28.65	<b>27-Mar-03</b>	LY	Lauren Hines	
	100 Back	1:02.69	<b>27-Mar-03</b>	LY	Lauren Hines	
	200 Back	2:16.07	<b>19-Mar-10</b>	LY VA	Ashley Mauzy at 2010 USYMCA SC CHAMPIONSHIP	
	50 Breast	31.56	<b>16-Mar-06</b>	LY VA	Susanna White at 2006 VSI SC Age-group Championships	
	100 Breast	1:09.61	<b>1-Dec-06</b>	LY VA	AMBER N. WINGFIELD at 2006 Speedo Capital Classic	
	200 Breast	2:34.07	<b>16-Mar-06</b>	LY VA	Susanna White at 2006 VSI SC Age-group Championships	
	50 Fly	28.17	<b>14-Mar-03</b>	LY	Lauren Hines	
	100 Fly	1:02.14	<b>12-Nov-10</b>	LY VA	Anna Meinke at 2010 HOKI November Invitational	
	200 Fly	2:12.69	<b>17-Dec-10</b>	LY VA	Anna Meinke at 18th Annual TYR Capital Classic	
	100 IM	1:04.74	<b>14-Mar-86</b>	LY	Jeanne Traer	
	200 IM	2:18.21	<b>16-Mar-06</b>	LY VA	Susanna White at 2006 VSI SC Age-group Championships	

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**RECORDS 25 yard team record**

11-12	400 IM	4:47.23	<b>17-Dec-10</b>	LY VA	Anna Meinke at 18th Annual TYR Capital Classic	
	200 Free Relay	1:47.75	<b>19-Mar-10</b>	LY VA	Lynchburg YMCA A. Mauzy, A. Reed, A. Meinke, A. Naylor	
	400 Free Relay	3:56.43	<b>19-Mar-10</b>	LY VA	Lynchburg YMCA A. Mauzy, A. Meinke, A. Reed, A. Naylor	
	200 Medley Relay	1:58.57	<b>19-Mar-10</b>	LY VA	Lynchburg YMCA A. Mauzy, A. Meinke, A. Reed, A. Naylor	
	400 Medley Relay	4:42.07	<b>14-Mar-03</b>	LY	A. Williams, J. White, L. Hines, J. Hoffman	
13-14	50 Free	24.43	<b>30-Nov-01</b>	LY	Meggie Edwards	
	100 Free	52.84	<b>14-Dec-07</b>	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	200 Free	1:52.60	<b>14-Dec-07</b>	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	500 Free	5:10.61	<b>14-Dec-07</b>	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	1000 Free	10:42.42	<b>12-Nov-04</b>	LY VA	Jamie H. Chong	
	1650 Free	17:58.32	<b>12-Nov-04</b>	LY VA	Jamie H. Chong	
	100 Back	1:00.53	<b>30-Nov-01</b>	LY	Meggie Edwards	
	200 Back	2:10.32	<b>18-Mar-11</b>	LY VA	Ashley Mauzy at 2011 USYMCA SC CHAMPIONSHIP	
	100 Breast	1:06.91	<b>14-Dec-07</b>	LY VA	Susanna White @Capital 2007	
	200 Breast	2:18.75	<b>14-Dec-07</b>	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	100 Fly	57.96	<b>16-Dec-11</b>	LY VA	Ashley Mauzy at 19th Annual TYR Capital Classic	
	200 Fly	2:06.73	<b>16-Dec-11</b>	LY VA	Ashley Mauzy at 19th Annual TYR Capital Classic	
	200 IM	2:05.50	<b>1-Apr-08</b>	LY VA	Susanna White at 2008 YMCA Nationals Short Course	
	400 IM	4:30.71	<b>14-Dec-07</b>	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	200 Free Relay	1:42.94	<b>18-Mar-11</b>	LY VA	Lynchburg YMCA Swim Team A. Mauzy, A. Meinke, A. Reed, C. Skorcz	
	400 Free Relay	3:50.50	<b>18-Mar-11</b>	LY VA	Lynchburg YMCA Swim Team A. Mauzy, A. Reed, A. Naylor, A. Meinke	
	200 Medley Relay	1:55.68	<b>18-Mar-11</b>	LY VA	Lynchburg YMCA Swim Team A. Mauzy, C. Skorcz, A. Reed, A. Naylor	
	400 Medley Relay	4:10.91	<b>18-Mar-11</b>	LY VA	Lynchburg YMCA Swim Team A. Mauzy, C. Skorcz, A. Meinke, A. Reed	
15-16	50 Free	23.76	<b>4-Mar-10</b>	LY VA	Susanna White at 2010 VSI SC Senior Championships	
	100 Free	50.90	<b>6-Apr-09</b>	LY VA	Susanna White at 2009 YMCA Nationals Short Course	
	200 Free	1:52.81	<b>11-Dec-08</b>	LY VA	Susanna White at 2008 Speedo SC Junior National Championships	
	500 Free	5:05.76	<b>26-Feb-11</b>	LY VA	Sarah Fredericksen at AA High School State Meet	
	1000 Free	10:21.67	<b>2-Apr-07</b>	LY VA	Jamie H. Chong at 2007 YMCA Nationals Short Course	
	1650 Free	17:15.94	<b>2-Apr-07</b>	LY VA	Jamie H. Chong at 2007 YMCA Nationals Short Course	
	100 Back	58.53	<b>10-Feb-95</b>	LY	Cary Chipley	
	200 Back	2:06.00	<b>12-Apr-94</b>	LY	Cary Chipley	
	100 Breast	1:04.85	<b>18-Feb-10</b>	LY VA	Susanna White at 2010 VA AA-A STATE CHAMPIONSHIP MEET	
	200 Breast	2:23.43	<b>13-Mar-09</b>	LY VA	Susanna White at 2009 Short Course USY Championships	
	100 Fly	56.42	<b>6-Apr-09</b>	LY VA	AMBER N. WINGFIELD at 2009 YMCA Nationals Short Course	
	200 Fly	2:05.91	<b>6-Apr-09</b>	LY VA	AMBER N. WINGFIELD at 2009 YMCA Nationals Short Course	
	200 IM	2:03.01	<b>6-Apr-09</b>	LY VA	Susanna White at 2009 YMCA Nationals Short Course	
	400 IM	4:30.30	<b>6-Apr-09</b>	LY VA	Susanna White at 2009 YMCA Nationals Short Course	
	15-18	200 Free Relay	1:40.55	<b>4-Apr-95</b>	LY	E. Olsen, K. Rodman, A. Clark, C. Chipley
		400 Free Relay	3:30.33	<b>14-Apr-03</b>	LY VA	Ly Edwards, Turner, Doby, Ritchie
		200 Medley Relay	1:50.43	<b>19-Apr-98</b>	LY	Traer, Bultema, King, Lewis
400 Medley Relay		4:03.74	<b>15-Apr-91</b>	LY	J. Traer, A. Bultema, C. Winn, G. von Oesen	
17-18	50 Free	23.14	<b>26-Feb-11</b>	LY VA	Susanna White at 2011 VA VHSL AA& A State Meet	
	100 Free	50.59	<b>5-Apr-11</b>	LY VA	Susanna White at 2011 YMCA Nationals Short Course	
	200 Free	1:53.37	<b>23-Jan-11</b>	LY VA	Susanna White at CCA v LY Dual Meet	
	500 Free	4:58.79	<b>6-Apr-99</b>	LY	Jordan Marsh	
	1000 Free	10:22.84	<b>1-Apr-08</b>	LY VA	Jamie H. Chong at 2008 YMCA Nationals Short Course	
	1650 Free	17:12.10	<b>6-Apr-99</b>	LY	Jordan Marsh	
	100 Back	58.00	<b>6-Dec-96</b>	LY	Cary Chipley	
	200 Back	2:05.39	<b>9-Apr-96</b>	LY	Cary Chipley	

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**RECORDS 25 yard team record**

17-18	100 Breast	1:02.18	<b>5-Apr-11</b>	LY VA	Susanna White at 2011 YMCA Nationals Short Course
	200 Breast	2:17.16	<b>17-Dec-10</b>	LY VA	Susanna White at 18th Annual TYR Capital Classic
	100 Fly	57.10	<b>16-Dec-11</b>	LY VA	AMBER N. WINGFIELD at 19th Annual TYR Capital Classic
	200 Fly	2:05.22	<b>16-Dec-11</b>	LY VA	AMBER N. WINGFIELD at 19th Annual TYR Capital Classic
	200 IM	1:58.90	<b>5-Apr-11</b>	LY VA	Susanna White at 2011 YMCA Nationals Short Course
	400 IM	4:29.14	<b>17-Dec-10</b>	LY VA	Susanna White at 18th Annual TYR Capital Classic
Open	50 Free	23.14	<b>26-Feb-11</b>	LY VA	Susanna White Va high school champs
	100 Free	50.59	<b>5-Apr-11</b>	LY VA	Susanna White @ Y Nationals
	200 Free	1:52.60	<b>14-Dec-07</b>	LY	Susanna White @Capital Classic
	500 Free	4:58.79	<b>6-Apr-99</b>	LY	Jordan Marsh
	1000 Free	10:21.67	<b>2-Apr-07</b>	LY	Jamie Chong
	1650 Free	17:12.10	<b>6-Apr-99</b>	LY	Jordan Marsh
	100 Back	58.00	<b>6-Dec-96</b>	LY	Cary Chipley
	200 Back	2:05.39	<b>9-Apr-96</b>	LY	Cary Chipley
	100 Breast	1:02.18	<b>5-Apr-11</b>	LY VA	Susanna White @ Y Nationals
	200 Breast	2:17.16	<b>17-Dec-10</b>	LY VA	Susanna White @Capital Classic
	100 Fly	56.42	<b>6-Apr-09</b>	LY	Amber Wingfield
	200 Fly	2:05.22	<b>16-Dec-11</b>	LY VA	AMBER N. WINGFIELD at Capital
	200 IM	1:58.90	<b>5-Apr-11</b>	LY VA	Susanna White at 2011 YMCA Nationals Short Course
	400 IM	4:29.14	<b>17-Dec-10</b>	LY VA	Susanna White at 2010 Capital
	200 Free Relay	1:39.07	<b>5-Apr-11</b>	LY VA	Lynchburg YMCA Swim Team S. White, A. REED, A. Meinke, A. WINGFIELD
	400 Free Relay	3:36.98	<b>5-Apr-11</b>	LY VA	Lynchburg YMCA Swim Team A. REED, S. Fredericksen, A. Mauzy, S. White
	800 Free Relay	7:46.82	<b>2-Apr-07</b>	LY VA	Lynchburg YMCA S. White, L. HINES, J. Chong, A. WINGFIELD
	200 Medley Relay	1:49.58	<b>5-Apr-11</b>	LY VA	Lynchburg YMCA Swim Team A. Mauzy, S. White, A. WINGFIELD, A. REED
	400 Medley Relay	4:00.11	<b>5-Apr-11</b>	LY VA	Lynchburg YMCA Swim Team S. Fredericksen, S. White, A. WINGFIELD, A.

**Lynchburg YMCA Swim Team**  
**Head Coach TJ Liston, 434-384-6338**

**RECORDS 25 yard team record**

**Yards-Male**

8 & U	25 Free	14.59	<b>7-Jan-11</b>	LY VA	Colby Childress at 2011 LY YMCA Invitational
	50 Free	31.45	<b>13-Feb-11</b>	LY VA	Colby Childress at Virginia Y League Champs 2011
	100 Free	1:08.31	<b>18-Mar-11</b>	LY VA	Colby Childress at 2011 USYMCA SC CHAMPIONSHIP
	200 Free	2:28.23	<b>25-Feb-11</b>	LY VA	Colby Childress at 2011 Blue Ridge Region Championship
	25 Back	17.47	<b>7-Jan-11</b>	LY VA	Colby Childress at 2011 LY YMCA Invitational
	50 Back	35.40	<b>25-Feb-11</b>	LY VA	Colby Childress at 2011 Blue Ridge Region Championship
	100 Back	1:15.14	<b>25-Feb-11</b>	LY VA	Colby Childress at 2011 Blue Ridge Region Championship
	25 Breast	19.41	<b>28-Feb-89</b>	LY	Mark Elder
	50 Breast	40.49	<b>4-Mar-94</b>	LY	Graham Whitley
	100 Breast	1:32.34	<b>25-Feb-11</b>	LY VA	Colby Childress at 2011 Blue Ridge Region Championship
	25 Fly	15.71	<b>12-Mar-94</b>	LY	Graham Whitley
	50 Fly	35.09	<b>26-Feb-94</b>	LY	Graham Whitley
	100 Fly	1:17.51	<b>25-Feb-11</b>	LY VA	Colby Childress at 2011 Blue Ridge Region Championship
	100 IM	1:17.92	<b>18-Mar-11</b>	LY VA	Colby Childress at 2011 USYMCA SC CHAMPIONSHIP
	200 IM	2:47.86	<b>18-Mar-11</b>	LY VA	Colby Childress at 2011 USYMCA SC CHAMPIONSHIP
	100 Free Relay	1:03.96	<b>17-Mar-81</b>	LY	M.Bullock, D.Roberts, T.Tanner, J.Whitley
	100 Medley Relay	1:12.75	<b>12-Mar-94</b>	LY	R.Madden, S.Frankfort, G.Whitley, W.Cook
9-10	50 Free	27.89	<b>9-Jul-79</b>	LY	Nicky Salido
	100 Free	1:02.35	<b>10-Jul-79</b>	LY	Troy Gerhardt
	200 Free	2:17.18	<b>14-Mar-96</b>	LY	Reid Madden
	500 Free	6:13.95	<b>11-Nov-11</b>	LY VA	Colby Childress at 2011 HOKI November Invitational
	50 Back	31.93	<b>11-Mar-93</b>	LY	Lucas Jones
	100 Back	1:11.45	<b>11-Mar-93</b>	LY	Brian Moody
	50 Breast	33.85	<b>5-Apr-83</b>	LY	Trey Tanner
	100 Breast	1:14.68	<b>15-Mar-83</b>	LY	Trey Tanner
	50 Fly	29.58	<b>9-Jul-79</b>	LY	Nicky Salido
	100 Fly	1:08.82	<b>18-Mar-80</b>	LY	Jay Parker
	100 IM	1:11.26	<b>10-Jul-79</b>	LY	Nicky Salido
	200 IM	2:37.24	<b>9-Dec-11</b>	LY VA	Colby Childress at 2011 HOKI December Invite
	200 Free Relay	1:55.42	<b>15-Mar-79</b>	LY VA	Lynchburg YMCA Barnes, Salido, Roberts, Gerhardt
	200 Medley Relay	2:13.97	<b>15-Apr-83</b>	LY VA	Lynchburg YMCA Roberts, Bullock, Wilson, Tanner
11-12	50 Free	24.02	<b>1-Apr-99</b>	LY	Kip Abbott
	100 Free	53.16	<b>18-Mar-11</b>	LY VA	Ethan Navarro at 2011 USYMCA SC CHAMPIONSHIP
	200 Free	1:56.38	<b>2-Dec-05</b>	LY VA	CARTER L. WATSON at 2005 NC MAC Coca-Cola Winter Invite
	500 Free	5:07.00	<b>11-Apr-85</b>	LY	Trey Tanner
	1000 Free	10:53.18	<b>6-Jan-12</b>	LY VA	Steven Mills at 2012 LY YMCA Invitational
	1650 Free	18:20.31	<b>10-Dec-10</b>	LY VA	Devin Creger at 10 RAYS SNOWFLAKE INVITATIONAL
	50 Back	27.87	<b>6-Feb-93</b>	LY	Hunt Chipley
	100 Back	1:01.23	<b>16-Dec-11</b>	LY VA	Josh Hankey at 19th Annual TYR Capital Classic
	200 Back	2:10.17	<b>16-Dec-11</b>	LY VA	Josh Hankey at 19th Annual TYR Capital Classic
	50 Breast	29.68	<b>11-Apr-85</b>	LY	Trey Tanner
	100 Breast	1:05.69	<b>11-Apr-85</b>	LY	Trey Tanner
	200 Breast	2:33.59	<b>14-Mar-03</b>	LY	Collin Conrad
	50 Fly	26.05	<b>11-Mar-99</b>	LY	Kip Abbott
	100 Fly	1:00.85	<b>11-Mar-99</b>	LY	Kip Abbott
	200 Fly	2:16.76	<b>28-Mar-09</b>	LY VA	Logan White at 2009 H20KIE Short Course Send-off
	100 IM	59.35	<b>11-Apr-85</b>	LY	Trey Tanner

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**RECORDS 25 yard team record**

11-12	200 IM	2:07.65	<b>11-Apr-85</b>	LY	Trey Tanner
	400 IM	4:40.70	<b>16-Dec-11</b>	LY VA	Josh Hankey at 19th Annual TYR Capital Classic
	200 Free Relay	1:42.53	<b>6-Feb-93</b>	LY VA	Lynchburg YMCA Chipley, Frazier, Lockridge, Frankfort
	400 Free Relay	3:51.85	<b>19-Mar-98</b>	LY VA	Lynchburg YMCA Madden, Elliott, Cook, Frankfort
	200 Medley Relay	1:54.58	<b>6-Feb-93</b>	LY VA	Lynchburg YMCA Chipley, Frazier, Lockridge, Frankfort
	400 Medley Relay	4:37.29	<b>16-Dec-94</b>	LY	B.Moody, C.Mudrick, L.Jones, A.Mabery
13-14	50 Free	22.18	<b>6-Dec-96</b>	LY	Aaron Mabery
	100 Free	48.40	<b>7-Mar-97</b>	LY	Aaron Mabery
	200 Free	1:45.39	<b>6-Apr-09</b>	LY VA	Caleb WILLIAMS at 2009 YMCA Nationals Short Course
	500 Free	4:47.85	<b>1-Apr-08</b>	LY VA	Kemp Pettyjohn at 2008 YMCA Nationals Short Course
	1000 Free	10:00.77	<b>13-Mar-09</b>	LY VA	Caleb WILLIAMS at 2009 Short Course USY Championships
	1650 Free	16:35.81	<b>1-Apr-08</b>	LY VA	Kemp Pettyjohn at 2008 YMCA Nationals Short Course
	100 Back	54.20	<b>6-Apr-09</b>	LY VA	Caleb WILLIAMS at 2009 YMCA Nationals Short Course
	200 Back	1:56.99	<b>6-Apr-09</b>	LY VA	Caleb WILLIAMS at 2009 YMCA Nationals Short Course
	100 Breast	1:00.35	<b>17-Mar-00</b>	LY	Stuart Frankfort
	200 Breast	2:14.17	<b>20-Mar-87</b>	LY	Trey Tanner
	100 Fly	54.86	<b>18-Mar-11</b>	LY VA	Logan White at 2011 USYMCA SC CHAMPIONSHIP
	200 Fly	2:00.43	<b>5-Apr-11</b>	LY VA	Logan White at 2011 YMCA Nationals Short Course
	200 IM	2:00.78	<b>14-Dec-07</b>	LY VA	CARTER L. WATSON at 15th Annual TYR Capital Classic
	400 IM	4:15.88	<b>5-Apr-11</b>	LY VA	Logan White at 2011 YMCA Nationals Short Course
	200 Free Relay	1:32.98	<b>7-Mar-97</b>	LY VA	Lynchburg YMCA Malone, Jones, Moody, Mabery
	400 Free Relay	3:22.99	<b>19-Mar-00</b>	LY VA	Lynchburg YMCA Abbott, Cook, Madden, Frankfort
	200 Medley Relay	1:43.39	<b>18-Mar-00</b>	LY	R.Madden, S.Frankfort, W.Cook, K.Abbott
	400 Medley Relay	3:47.91	<b>17-Mar-94</b>	LY VA	Lynchburg YMCA Chipley, Hofmann, Pettigrew, Frazier
15-16	50 Free	21.44	<b>6-Dec-02</b>	LY	Kip Abbott
	100 Free	47.35	<b>5-Dec-08</b>	LY VA	CARTER L. WATSON at Capital CI
	200 Free	1:41.94	<b>17-Dec-10</b>	LY VA	Caleb WILLIAMS at 18th Annual TYR Capital Classic
	500 Free	4:34.16	<b>5-Apr-11</b>	LY VA	Caleb WILLIAMS at 2011 YMCA Nationals Short Course
	1000 Free	9:34.05	<b>6-Apr-09</b>	LY VA	Andrew COOK at 2009 YMCA Nationals Short Course
	1650 Free	15:58.12	<b>1-Apr-08</b>	LY VA	JASON C. BRAME at 2008 YMCA Nationals Short Course
	100 Back	52.59	<b>5-Apr-11</b>	LY VA	Caleb WILLIAMS at 2011 YMCA Nationals Short Course
	200 Back	1:50.77	<b>5-Apr-11</b>	LY VA	Caleb WILLIAMS at 2011 YMCA Nationals Short Course
	100 Breast	58.60	<b>1-Dec-06</b>	LY VA	TRAVIS K. STAUDER at 2006 Speedo Capital Classic
	200 Breast	2:08.62	<b>12-Mar-89</b>	LY	Trey Tanner
	100 Fly	51.77	<b>14-Apr-03</b>	LY	Kip Abbott
	200 Fly	1:56.66	<b>2-Apr-02</b>	LY	Reid Madden
	200 IM	1:53.96	<b>6-Apr-09</b>	LY VA	CARTER L. WATSON at 2009 YMCA Nationals Short Course
	400 IM	4:04.36	<b>1-Apr-08</b>	LY VA	JASON C. BRAME at 2008 YMCA Nationals Short Course
15-18	200 Free Relay	1:27.28 *	<b>8-Apr-97</b>	LY	B.Pettigrew, H.Chipley, A.Mabery, F.Frazier
	200 Free Relay	1:27.28 *	<b>14-Apr-03</b>	LY	K.Abbott, S.Frankfort, R.Madden, W.Cook
	400 Free Relay	3:10.75	<b>26-Feb-11</b>	LY	Williams, Nowakowski, SodermanWatson
	200 Medley Relay	1:36.37	<b>4-Apr-06</b>	LY	C. McBratney, T. Stauder, C. Wombwell, J. Stauder
	400 Medley Relay	3:32.60	<b>4-Apr-06</b>	LY	C. McBratney, T. Stauder, C. Wombwell, J. Stauder
17-18	50 Free	21.44	<b>6-Dec-97</b>	LY	Hunt Chipley
	100 Free	46.57	<b>5-Apr-11</b>	LY VA	CARTER L. WATSON at 2011 YMCA Nationals Short Course
	200 Free	1:41.06	<b>5-Apr-11</b>	LY VA	Kemp Pettyjohn at 2011 YMCA Nationals Short Course
	500 Free	4:27.61	<b>5-Apr-11</b>	LY VA	Kemp Pettyjohn at 2011 YMCA Nationals Short Course
	1000 Free	9:23.86	<b>5-Apr-11</b>	LY VA	Andrew COOK at 2011 YMCA Nationals Short Course
	1650 Free	15:35.82	<b>5-Apr-11</b>	LY VA	Andrew COOK at 2011 YMCA Nationals Short Course

**Lynchburg YMCA Swim Team**  
**Head Coach TJ Liston, 434-384-6338**

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**RECORDS 25 yard team record**

17-18	100 Back	51.75		<b>6-Dec-97</b>	LY	Hunt Chipley
	200 Back	1:51.09		<b>14-Apr-98</b>	LY	Hunt Chipley
	100 Breast	57.14		<b>1-Apr-08</b>	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	200 Breast	2:04.72		<b>1-Apr-08</b>	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	100 Fly	51.70		<b>11-Feb-11</b>	LY VA	Kemp Pettyjohn @ HS Region Mee
	200 Fly	1:52.71		<b>5-Apr-11</b>	LY VA	Andrew COOK at 2011 YMCA Nationals Short Course
	200 IM	1:53.62		<b>1-Apr-08</b>	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	400 IM	4:01.11		<b>6-Apr-09</b>	LY VA	JASON C. BRAME at 2009 YMCA Nationals Short Course
Open	50 Free	21.44	*	<b>6-Dec-97</b>	LY	Hunt Chipley / Kip Abbott
	50 Free	21.44	*	<b>6-Dec-02</b>	LY	Kip Abbott
	100 Free	46.57		<b>5-Apr-11</b>	LY VA	CARTER L. WATSON at Y National
	200 Free	1:41.06		<b>5-Apr-11</b>	LY VA	Kemp Pettyjohn at 2011 YMCA Nationals Short Course
	500 Free	4:27.61		<b>5-Apr-11</b>	LY VA	Kemp Pettyjohn at 2011 YMCA Nationals Short Course
	1000 Free	9:23.86		<b>5-Apr-11</b>	LY	Andrew Cook @ Y Nationals
	1650 Free	15:35.82		<b>5-Apr-11</b>	LY VA	Andrew Cook at 2011 YMCA Nationals Short Course
	100 Back	51.75		<b>6-Dec-97</b>	LY	Hunt Chipley
	200 Back	1:50.77		<b>5-Apr-11</b>	LY	Caleb Williams @ Y Nationals
	100 Breast	57.14		<b>1-Apr-08</b>	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	200 Breast	2:04.72		<b>1-Apr-08</b>	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	100 Fly	51.70		<b>11-Feb-11</b>	LY VA	Kemp Pettyjohn @ HS Region Mee
	200 Fly	1:52.71		<b>5-Apr-11</b>	LY VA	Andrew COOK at 2011 YMCA Nationals Short Course
	200 IM	1:53.62		<b>1-Apr-08</b>	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	400 IM	4:01.11		<b>6-Apr-09</b>	LY	Jason Brame
	200 Free Relay	1:27.28		<b>8-Apr-97</b>	LY VA	Lynchburg YMCA                      Pettigrew, Mabery, Frazier, chipley
	400 Free Relay	3:10.75		<b>26-Feb-11</b>	LY	LY YMCA                                      Williams, Nowakowski Soderman, Watson
	800 Free Relay	6:52.35		<b>5-Apr-11</b>	LY VA	Lynchburg YMCA Swim Team      J. Pettyjohn, J. WILLIAMS, A. Soderman, C. W
	200 Medley Relay	1:36.67		<b>4-Apr-06</b>	LY VA	Lynchburg YMCA                      C. MCBRATNEY, T. STAUDER, J. WOMBWELL, J
	400 Medley Relay	3:31.38		<b>5-Apr-11</b>	LY VA	Lynchburg YMCA Swim Team      J. WILLIAMS, C. HEAD, J. Pettyjohn, C. WAI