

Lynchburg YMCA Swim Team
Head Coach TJ Liston, 434-384-6338

RECORDS 25 yard team record

Yards-Female

8 & U	25 Free	14.28	13-Jan-96	LY	Brittney Jamerson	
	50 Free	31.38	17-Feb-96	LY	Brittney Jamerson	
	100 Free	1:13.11	20-Dec-96	LY	Melissa Jamerson	
	200 Free	2:52.40	6-Jan-07	LY VA	Alyssa Reed at LY New Year's Invite 2007	
	25 Back	17.77	16-Jan-94	LY	Vanessa Cannon	
	50 Back	38.08	18-Oct-97	LY	Melissa Jamerson	
	100 Back	1:26.87	6-Jan-07	LY VA	Alyssa Reed at LY New Year's Invite 2007	
	25 Breast	19.46	13-Nov-93	LY	Bryn Gardner	
	50 Breast	43.20	26-Feb-99	LY	Lauren Hines	
	100 Breast	1:37.92	8-Mar-02	LY VA	Susanna White at A/BB Championship Meet	
	25 Fly	16.39	21-Mar-99	LY	Lauren Hines	
	50 Fly	35.67	20-Feb-99	LY	Lauren Hines	
	100 IM	1:25.31	21-Mar-99	LY	Lauren Hines	
	200 IM	3:17.86	17-Nov-06	LY VA	Alyssa Reed at 2006 SWAT Thanksgiving Invite	
	100 Free Relay	1:03.91	19-Feb-80	LY	M.DeMars, S.Howerton, L.DeMars, A.Perrow	
	100 Medley Relay	1:11.89	19-Feb-80	LY	A.Perrow, M.DeMars, B.Alexander, L.DeMars	
9-10	50 Free	27.19	13-Dec-97	LY	Brittney Jamerson	
	100 Free	1:00.04	13-Dec-97	LY	Brittney Jamerson	
	200 Free	2:12.31	7-Feb-98	LY	Brittney Jamerson	
	500 Free	6:10.89	12-Dec-08	LY VA	Alyssa Reed at 08 RAYS SNOWFLAKE INVITATIONAL	
	50 Back	31.89	4-Jan-96	LY	Vanessa Cannon	
	100 Back	1:08.29	29-Mar-01	LY	Lauren Hines	
	50 Breast	35.05	1-Apr-04	LY VA	SUSANNA WHITE at Eastern Zone SC Swimming Champ	
	100 Breast	1:17.81	1-Apr-04	LY VA	SUSANNA WHITE at Eastern Zone SC Swimming Champ	
	50 Fly	30.99	17-Dec-95	LY	Vanessa Cannon	
	100 Fly	1:10.77	10-Jan-09	LY VA	Alyssa Reed at Virginia Y League Championship 2009	
	100 IM	1:09.98	7-Feb-98	LY	Brittney Jamerson	
	200 IM	2:32.61	29-Mar-01	LY	Lauren Hines	
	200 Free Relay	2:02.46	13-Mar-09	LY VA	Lynchburg YMCA	C. Wrabley, K. Rossman, K. Childress, A. Jennings
	400 Free Relay	4:37.40	14-Mar-04	LY VA	Lynchburg YMCA	Lineberry, Musgrove, White, Wingfield
200 Medley Relay	2:16.84	20-Dec-08	LY VA	Lynchburg YMCA	Childress, Pfister, Reed, Meinke	
11-12	50 Free	25.41	27-Mar-03	LY	Lauren Hines	
	100 Free	55.06	27-Mar-03	LY	Lauren Hines	
	200 Free	2:03.44	8-Mar-01	LY	Rachel Ritchie	
	500 Free	5:37.75	9-Oct-09	LY VA	CT Skorz at October Opener, 10/9-11/09	
	1000 Free	11:47.20	8-Jan-10	LY VA	Ashley Mauzy at LY YMCA New Year Invite	
	1650 Free	19:49.61	11-Dec-09	LY VA	Anna Meinke at 09 RAYS SNOWFLAKE INVITATIONAL	
	50 Back	28.65	27-Mar-03	LY	Lauren Hines	
	100 Back	1:02.69	27-Mar-03	LY	Lauren Hines	
	200 Back	2:16.37	13-Mar-03	LY	Lauren Hines	
	50 Breast	31.56	16-Mar-06	LY VA	Susanna White at 2006 VSI SC Age-group Championships	
	100 Breast	1:09.61	1-Dec-06	LY VA	AMBER N. WINGFIELD at 2006 Speedo Capital Classic	
	200 Breast	2:34.07	16-Mar-06	LY VA	Susanna White at 2006 VSI SC Age-group Championships	
	50 Fly	28.17	14-Mar-03	LY	Lauren Hines	
	100 Fly	1:03.66	11-Dec-09	LY VA	Ashley Mauzy at 09 RAYS SNOWFLAKE INVITATIONAL	
	200 Fly	2:25.00	6-Jan-01	LY	Rachel Ritchie	
	100 IM	1:04.74	14-Mar-86	LY	Jeanne Traer	

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11-12	200 IM	2:18.21	16-Mar-06	LY VA	Susanna White at 2006 VSI SC Age-group Championships	
	400 IM	4:54.66	8-Jan-10	LY VA	Ashley Mauzy at LY YMCA New Year Invite	
	200 Free Relay	1:50.06	14-Mar-08	LY VA	Lynchburg YMCA Reed, Black, Rossman, Skorcz	
	400 Free Relay	4:05.00	14-Mar-04	LY VA	Lynchburg YMCA Reed, Black, Skorcz, Rossman	
	200 Medley Relay	2:02.96	8-Jan-10	LY VA	Lynchburg YMCA A. Mauzy, A. Meinke, A. Reed, A. Naylor	
	400 Medley Relay	4:42.07	14-Mar-03	LY	A. Williams, J. White, L. Hines, J. Hoffman	
13-14	50 Free	24.43	30-Nov-01	LY	Meggie Edwards	
	100 Free	52.84	14-Dec-07	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	200 Free	1:52.60	14-Dec-07	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	500 Free	5:10.61	14-Dec-07	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	1000 Free	10:42.42	12-Nov-04	LY VA	Jamie H. Chong	
	1650 Free	17:58.32	12-Nov-04	LY VA	Jamie H. Chong	
	100 Back	1:00.53	30-Nov-01	LY	Meggie Edwards	
	200 Back	2:11.74	19-Mar-00	LY VA	Liz Doby	
	100 Breast	1:06.91	14-Dec-07	LY VA	Susanna White @Capital 2007	
	200 Breast	2:18.75	14-Dec-07	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	100 Fly	59.44	5-Dec-08	LY VA	AMBER N. WINGFIELD at 16th Annual TYR Capital Classic	
	200 Fly	2:13.27	5-Dec-08	LY VA	AMBER N. WINGFIELD at 16th Annual TYR Capital Classic	
	200 IM	2:05.50	1-Apr-08	LY VA	Susanna White at 2008 YMCA Nationals Short Course	
	400 IM	4:30.71	14-Dec-07	LY VA	Susanna White at 15th Annual TYR Capital Classic	
	200 Free Relay	1:44.46	17-Apr-94	LY VA	Lynchburg YMCA Olsen, Rodman, Clark, Robb	
	400 Free Relay	3:50.74	17-Mar-94	LY VA	Lynchburg YMCA Rodman, Olsen, Clark, Sledge	
	200 Medley Relay	1:56.89	18-Dec-93	LY	C. Chipley, A. Clark, M. Sledge, E. Olsen	
	400 Medley Relay	4:16.82	17-Mar-94	LY VA	Lynchburg YMCA Rodman, Clark, Sledge, Olsen	
	15-16	50 Free	23.76	4-Mar-10	LY VA	Susanna White at 2010 VSI SC Senior Championships
100 Free		50.90	6-Apr-09	LY VA	Susanna White at 2009 YMCA Nationals Short Course	
200 Free		1:52.81	11-Dec-08	LY VA	Susanna White at 2008 Speedo SC Junior National Championships	
500 Free		5:06.58	1-Dec-06	LY VA	Jamie H. Chong at 2006 Speedo Capital Classic	
1000 Free		10:21.67	2-Apr-07	LY VA	Jamie H. Chong at 2007 YMCA Nationals Short Course	
1650 Free		17:15.94	2-Apr-07	LY VA	Jamie H. Chong at 2007 YMCA Nationals Short Course	
100 Back		58.53	10-Feb-95	LY	Cary Chipley	
200 Back		2:06.00	12-Apr-94	LY	Cary Chipley	
100 Breast		1:04.85	18-Feb-10	LY VA	Susanna White at 2010 VA AA-A STATE CHAMPIONSHIP MEET	
200 Breast		2:23.43	13-Mar-09	LY VA	Susanna White at 2009 Short Course USY Championships	
100 Fly		56.42	6-Apr-09	LY VA	AMBER N. WINGFIELD at 2009 YMCA Nationals Short Course	
200 Fly		2:05.91	6-Apr-09	LY VA	AMBER N. WINGFIELD at 2009 YMCA Nationals Short Course	
200 IM		2:03.01	6-Apr-09	LY VA	Susanna White at 2009 YMCA Nationals Short Course	
400 IM		4:30.30	6-Apr-09	LY VA	Susanna White at 2009 YMCA Nationals Short Course	
15-18		200 Free Relay	1:40.55	4-Apr-95	LY	E. Olsen, K. Rodman, A. Clark, C. Chipley
		400 Free Relay	3:30.33	14-Apr-03	LY VA	Ly Edwards, Turner, Doby, Ritchie
		200 Medley Relay	1:50.77	12-Mar-92	LY	J. Traer, A. Bultema, C. Lewis, G. von Oesen
	400 Medley Relay	4:03.74	15-Apr-91	LY	J. Traer, A. Bultema, C. Winn, G. von Oesen	
17-18	50 Free	24.04	20-Apr-92	LY	Gretchen von Oesen	
	100 Free	52.44	20-Apr-92	LY	Gretchen von Oesen	
	200 Free	1:53.57	20-Apr-92	LY	Gretchen von Oesen	
	500 Free	4:58.79	6-Apr-99	LY	Jordan Marsh	
	1000 Free	10:22.84	1-Apr-08	LY VA	Jamie H. Chong at 2008 YMCA Nationals Short Course	
	1650 Free	17:12.10	6-Apr-99	LY	Jordan Marsh	
	100 Back	58.00	6-Dec-96	LY	Cary Chipley	

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17-18	200 Back	2:05.39	9-Apr-96	LY	Cary Chipley	
	100 Breast	1:05.12	15-Apr-91	LY	Annette Bultema	
	200 Breast	2:22.27	15-Apr-91	LY	Annette Bultema	
	100 Fly	59.50	12-Apr-89	LY	Jill King	
	200 Fly	2:14.92	14-Dec-07	LY VA	Jamie H. Chong at 15th Annual TYR Capital Classic	
	200 IM	2:11.80	12-Apr-89	LY	Jill King	
	400 IM	4:37.86	1-Apr-08	LY VA	Jamie H. Chong at 2008 YMCA Nationals Short Course	
Open	50 Free	23.89	4-Mar-10	LY VA	Susanna White at 2010 VSI SC Senior Championships	
	100 Free	50.90	6-Apr-09	LY VA	Susanna White	
	200 Free	1:52.60	14-Dec-07	LY	Susanna White @Capital Classic	
	500 Free	4:58.79	6-Apr-99	LY	Jordan Marsh	
	1000 Free	10:21.67	2-Apr-07	LY	Jamie Chong	
	1650 Free	17:12.10	6-Apr-99	LY	Jordan Marsh	
	100 Back	58.00	6-Dec-96	LY	Cary Chipley	
	200 Back	2:05.39	9-Apr-96	LY	Cary Chipley	
	100 Breast	1:04.85	18-Feb-10	LY	Susanna White	
	200 Breast	2:18.75	14-Dec-07	LY VA	Susanna White @Capital Classic	
	100 Fly	56.42	6-Apr-09	LY	Amber Wingfield	
	200 Fly	2:05.91	6-Apr-09	LY VA	AMBER N. WINGFIELD at 2009 YMCA Nationals Short Course	
	200 IM	2:03.01	6-Apr-09	LY VA	Susanna White at 2009 YMCA Nationals Short Course	
	400 IM	4:30.30	6-Apr-09	LY VA	Susanna White	
	200 Free Relay	1:39.40	6-Apr-09	LY VA	Lynchburg YMCA	S. White, A. WINGFIELD, J. Murphy, A. REED
	400 Free Relay	3:39.40	2-Apr-07	LY VA	Lynchburg YMCA	Hines, White, Chong, Wingfield
	800 Free Relay	7:46.82	2-Apr-07	LY VA	Lynchburg YMCA	S. White, L. HINES, J. Chong, A. WINGFIELD
	200 Medley Relay	1:50.43	19-Apr-88	LY	J.Traer, A.Bultema, J.King, C.Lewis	
	400 Medley Relay	4:01.09	14-Apr-89	LY VA	Lynchburg YMCA	Traer, Bultema, King, Vonoesen

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Yards-Male

8 & U	25 Free	14.65	9-Oct-09	LY VA	Matthew Davidson at October Opener, 10/9-11/09
	50 Free	32.45	26-Feb-94	LY	Graham Whitley
	100 Free	1:11.41	4-Mar-94	LY	Graham Whitley
	200 Free	2:39.76	26-Feb-10	LY VA	Matthew Davidson at 2010 Blue Ridge Region Championship
	25 Back	18.31	5-Dec-93	LY	Graham Whitley
	50 Back	36.92	4-Mar-94	LY	Graham Whitley
	100 Back	1:24.23	26-Feb-10	LY VA	Colby Childress at 2010 Blue Ridge Region Championship
	25 Breast	19.41	28-Feb-89	LY	Mark Elder
	50 Breast	40.49	4-Mar-94	LY	Graham Whitley
	100 Breast	1:49.53	11-Dec-09	LY VA	Colby Childress at 09 RAYS SNOWFLAKE INVITATIONAL
	25 Fly	15.71	12-Mar-94	LY	Graham Whitley
	50 Fly	35.09	26-Feb-94	LY	Graham Whitley
	100 Fly	1:31.49	6-Jan-07	LY	Devin Creger
	100 IM	1:19.17	12-Mar-94	LY	Graham Whitley
	200 IM	3:06.86	26-Feb-10	LY VA	Colby Childress at 2010 Blue Ridge Region Championship
	100 Free Relay	1:03.96	17-Mar-81	LY	M.Bullock, D.Roberts, T.Tanner, J.Whitley
100 Medley Relay	1:12.75	12-Mar-94	LY	R.Madden, S.Frankfort, G.Whitley, W.Cook	
9-10	50 Free	27.89	9-Jul-79	LY	Nicky Salido
	100 Free	1:02.35	10-Jul-79	LY	Troy Gerhardt
	200 Free	2:17.18	14-Mar-96	LY	Reid Madden
	500 Free	6:15.00	7-Nov-08	LY VA	Devin Creger at 2008 NC WAVE Blue Moon Invitational
	50 Back	31.93	11-Mar-93	LY	Lucas Jones
	100 Back	1:11.45	11-Mar-93	LY	Brian Moody
	50 Breast	33.85	5-Apr-83	LY	Trey Tanner
	100 Breast	1:14.68	15-Mar-83	LY	Trey Tanner
	50 Fly	29.58	9-Jul-79	LY	Nicky Salido
	100 Fly	1:08.82	18-Mar-80	LY	Jay Parker
	100 IM	1:11.26	10-Jul-79	LY	Nicky Salido
	200 IM	2:37.43	12-Dec-08	LY VA	Devin Creger at 08 RAYS SNOWFLAKE INVITATIONAL
	200 Free Relay	1:55.42	15-Mar-79	LY VA	Lynchburg YMCA Barnes, Salido, Roberts, Gerhardt
	200 Medley Relay	2:13.97	15-Apr-83	LY VA	Lynchburg YMCA Roberts, Bullock, Wilson, Tanner
11-12	50 Free	24.02	1-Apr-99	LY	Kip Abbott
	100 Free	53.47	1-Apr-99	LY	Kip Abbott
	200 Free	1:56.38	2-Dec-05	LY VA	CARTER L. WATSON at 2005 NC MAC Coca-Cola Winter Invite
	500 Free	5:07.00	11-Apr-85	LY	Trey Tanner
	1000 Free	11:24.28	7-Nov-08	LY VA	BLAKE A. NOWAKOWSKI at 2008 NC WAVE Blue Moon Invitational
	1650 Free	18:23.35	16-Mar-07	LY VA	Caleb WILLIAMS at USY Champs
	50 Back	27.87	6-Feb-93	LY	Hunt Chipley
	100 Back	1:01.87	11-Apr-85	LY	Trey Tanner
	200 Back	2:10.32	16-Mar-07	LY VA	Caleb WILLIAMS at USY Champs
	50 Breast	29.68	11-Apr-85	LY	Trey Tanner
	100 Breast	1:05.69	11-Apr-85	LY	Trey Tanner
	200 Breast	2:33.59	14-Mar-03	LY	Collin Conrad
	50 Fly	26.05	11-Mar-99	LY	Kip Abbott
	100 Fly	1:00.85	11-Mar-99	LY	Kip Abbott
	200 Fly	2:16.76	28-Mar-09	LY VA	Logan White at 2009 H20KIE Short Course Send-off
	100 IM	59.35	11-Apr-85	LY	Trey Tanner

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11-12	200 IM	2:07.65	11-Apr-85	LY	Trey Tanner
	400 IM	4:45.35	13-Mar-09	LY VA	Logan White at 2009 Short Course USY Championships
	200 Free Relay	1:42.53	6-Feb-93	LY VA	Lynchburg YMCA Chipley, Frazier, Lockridge, Frankfort
	400 Free Relay	3:51.85	19-Mar-98	LY VA	Lynchburg YMCA Madden, Elliott, Cook, Frankfort
	200 Medley Relay	1:54.58	6-Feb-93	LY VA	Lynchburg YMCA Chipley, Frazier, Lockridge, Frankfort
	400 Medley Relay	4:37.29	16-Dec-94	LY	B.Moody, C.Mudrick, L.Jones, A.Mabery
13-14	50 Free	22.18	6-Dec-96	LY	Aaron Mabery
	100 Free	48.40	7-Mar-97	LY	Aaron Mabery
	200 Free	1:45.39	6-Apr-09	LY VA	Caleb WILLIAMS at 2009 YMCA Nationals Short Course
	500 Free	4:47.85	1-Apr-08	LY VA	Kemp Pettyjohn at 2008 YMCA Nationals Short Course
	1000 Free	10:00.77	13-Mar-09	LY VA	Caleb WILLIAMS at 2009 Short Course USY Championships
	1650 Free	16:35.81	1-Apr-08	LY VA	Kemp Pettyjohn at 2008 YMCA Nationals Short Course
	100 Back	54.20	6-Apr-09	LY VA	Caleb WILLIAMS at 2009 YMCA Nationals Short Course
	200 Back	1:56.99	6-Apr-09	LY VA	Caleb WILLIAMS at 2009 YMCA Nationals Short Course
	100 Breast	1:00.35	17-Mar-00	LY	Stuart Frankfort
	200 Breast	2:14.17	20-Mar-87	LY	Trey Tanner
	100 Fly	55.40	9-Mar-95	LY	Forrest Frazier
	200 Fly	2:04.27	16-Mar-06	LY VA	JASON C. BRAME at 2006 VSI SC Age-group Championships
	200 IM	2:00.78	14-Dec-07	LY VA	CARTER L. WATSON at 15th Annual TYR Capital Classic
	400 IM	4:17.21	5-Dec-08	LY VA	Caleb WILLIAMS at 16th Annual TYR Capital Classic
	200 Free Relay	1:32.98	7-Mar-97	LY VA	Lynchburg YMCA Malone, Jones, Moody, Mabery
	400 Free Relay	3:22.99	19-Mar-00	LY VA	Lynchburg YMCA Abbott, Cook, Madden, Frankfort
	200 Medley Relay	1:43.39	18-Mar-00	LY	R.Madden, S.Frankfort, W.Cook, K.Abbott
	400 Medley Relay	3:47.91	17-Mar-94	LY VA	Lynchburg YMCA Chipley, Hofmann, Pettigrew, Frazier
15-16	50 Free	21.44	6-Dec-02	LY	Kip Abbott
	100 Free	46.59	18-Feb-10	LY VA	CARTER L. WATSON at 2010 VA AA-A STATE CHAMPIONSHIP MEET
	200 Free	1:42.06	6-Apr-09	LY VA	CARTER L. WATSON at 2009 YMCA Nationals Short Course
	500 Free	4:36.53	10-Dec-09	LY VA	Kemp Pettyjohn at 2009 Speedo Short Course Junior Nationals TT
	1000 Free	9:34.05	6-Apr-09	LY VA	Andrew COOK at 2009 YMCA Nationals Short Course
	1650 Free	15:58.12	1-Apr-08	LY VA	JASON C. BRAME at 2008 YMCA Nationals Short Course
	100 Back	53.17	6-Dec-96	LY	Hunt Chipley
	200 Back	1:53.66	4-Dec-09	LY VA	Caleb WILLIAMS at 17th Annual TYR Capital Classic
	100 Breast	58.60	1-Dec-06	LY VA	TRAVIS K. STAUDER at 2006 Speedo Capital Classic
	200 Breast	2:08.62	12-Mar-89	LY	Trey Tanner
	100 Fly	51.77	14-Apr-03	LY	Kip Abbott
	200 Fly	1:56.66	2-Apr-02	LY	Reid Madden
	200 IM	1:53.96	6-Apr-09	LY VA	CARTER L. WATSON at 2009 YMCA Nationals Short Course
	400 IM	4:04.36	1-Apr-08	LY VA	JASON C. BRAME at 2008 YMCA Nationals Short Course
15-18	200 Free Relay	1:27.28 *	8-Apr-97	LY	B.Pettigrew, H.Chipley, A.Mabery, F.Frazier
	200 Free Relay	1:27.28 *	14-Apr-03	LY	K.Abbott, S.Frankfort, R.Madden, W.Cook
	400 Free Relay	3:11.39	14-Apr-98	LY	A.Mabery, F.Frazier, P.Frankfort, H.Chipley
	200 Medley Relay	1:36.37	4-Apr-06	LY	C. McBratney, T. Stauder, C. Wombwell, J. Stauder
	400 Medley Relay	3:32.60	4-Apr-06	LY	C. McBratney, T. Stauder, C. Wombwell, J. Stauder
17-18	50 Free	21.44	6-Dec-97	LY	Hunt Chipley
	100 Free	47.21	2-Apr-07	LY VA	TRAVIS K. STAUDER at 2007 YMCA Nationals Short Course
	200 Free	1:42.84	14-Dec-07	LY VA	TRAVIS K. STAUDER at 15th Annual TYR Capital Classic
	500 Free	4:36.15	14-Apr-03	LY	Reid Madden
	1000 Free	9:25.91	6-Apr-09	LY VA	JASON C. BRAME at 2009 YMCA Nationals Short Course
	1650 Free	15:50.10	6-Apr-09	LY VA	JASON C. BRAME at 2009 YMCA Nationals Short Course

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RECORDS 25 yard team record

17-18	100 Back	51.75		6-Dec-97	LY	Hunt Chipley
	200 Back	1:51.09		14-Apr-98	LY	Hunt Chipley
	100 Breast	57.14		1-Apr-08	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	200 Breast	2:04.72		1-Apr-08	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	100 Fly	51.71		2-Dec-05	LY VA	Coleman WOMBWELL at 2005 Speedo Capital Classic
	200 Fly	1:55.15		14-Apr-03	LY	Reid Madden
	200 IM	1:53.62		1-Apr-08	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	400 IM	4:01.11		6-Apr-09	LY VA	JASON C. BRAME at 2009 YMCA Nationals Short Course
Open	50 Free	21.44	*	6-Dec-02	LY	Kip Abbott
	50 Free	21.44	*	6-Dec-97	LY	Hunt Chipley / Kip Abbott
	100 Free	46.59		18-Feb-10	LY VA	CARTER L. WATSON at 2010 VA AA-A STATE CHAMPIONSHIP MEET
	200 Free	1:42.06		6-Apr-09	LY VA	Carter Watson
	500 Free	4:36.15		14-Apr-03	LY	Reid Madden
	1000 Free	9:25.91		6-Apr-09	LY	Jason Brame at Y NATS 2009
	1650 Free	15:50.10		6-Apr-09	LY	Jason Brame
	100 Back	51.75		6-Dec-97	LY	Hunt Chipley
	200 Back	1:51.09		14-Apr-98	LY	Hunt Chipley
	100 Breast	57.14		1-Apr-08	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	200 Breast	2:04.72		1-Apr-08	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	100 Fly	51.71		2-Dec-05	LY VA	Coleman WOMBWELL at 2005 Speedo Capital Classic
	200 Fly	1:55.15		14-Apr-03	LY	Reid Madden
	200 IM	1:53.62		1-Apr-08	LY VA	TRAVIS K. STAUDER at 2008 YMCA Nationals Short Course
	400 IM	4:01.11		6-Apr-09	LY	Jason Brame
	200 Free Relay	1:27.28		8-Apr-97	LY VA	Lynchburg YMCA Pettigrew, Mabery, Frazier, chipley
	400 Free Relay	3:11.35		14-Apr-98	LY	A.Mabery, F.Frazier, M.Hill, H.Chipley
	800 Free Relay	7:00.66		14-Apr-98	LY	P.Frankfort, C.Malone, M.Hill, H.Chipley
	200 Medley Relay	1:36.67		4-Apr-06	LY VA	Lynchburg YMCA C. MCBRATNEY, T. STAUDER, J. WOMBWELL,
	400 Medley Relay	3:32.60		4-Apr-06	LY VA	Lynchburg YMCA C. MCBRATNEY, T. STAUDER, J. WOMBWELL,