

Lynchburg YMCA Swim Team
Head Coach TJ Liston, 434-384-6338

RECORDS 50 meter team record

LC Meters-Female

8 & U	50 Free	36.86	18-Jun-92	LY	Elizabeth Harman
	100 Free	1:20.48	27-Jul-97	LY	Melissa Jamerson
	200 Free	2:51.55	27-Jul-97	LY	Melissa Jamerson
	50 Back	43.61	18-Jun-92	LY	Elizabeth Harman
	100 Back	1:39.79	18-Jun-92	LY	Elizabeth Harman
	50 Breast	52.59	18-Jun-92	LY	Elizabeth Harman
	100 Breast	2:01.84	29-Jul-88	LY	Abby Clark
	50 Fly	41.42	27-Jul-97	LY	Melissa Jamerson
	200 IM	3:24.66	27-Jul-97	LY	Melissa Jamerson
	9-10	50 Free	31.61	11-Aug-97	LY
100 Free		1:09.22	28-Jul-97	LY	Brittney Jamerson
200 Free		2:28.23	11-Aug-97	LY	Brittney Jamerson
400 Free		5:29.22	30-Jul-09	LY VA	Kelsey Childress at 2009 VSI LC Age Group Champs
50 Back		37.19	17-Jun-94	LY	Elizabeth Harman
100 Back		1:20.46	28-Jul-94	LY	Elizabeth Harman
50 Breast		42.90	25-Jul-90	LY	Abby Clark
100 Breast		1:35.06	29-Jul-99	LY	Nikki Imron
50 Fly		34.66	24-Jul-08	LY VA	Alyssa Reed at 2008 VSI LC Age Group Champs
100 Fly		1:25.62	25-Jun-98	LY	Rachel Ritchie
200 IM		2:56.91	28-Jul-94	LY	Elizabeth Harman
200 Free Relay		2:18.83	28-Jul-96	LY	J.Putt, B.Jamerson, D.Williams, M.Edwards
200 Medley Relay		2:46.03	28-Jul-96	LY	J.Putt, B.Jamerson, D.Williams, M.Edwards
11-12	50 Free	29.27	3-Aug-92	LY	Erin Olsen
	100 Free	1:05.94	3-Aug-92	LY	Erin Olsen
	200 Free	2:25.61	27-Jul-00	LY	Rachel Ritchie
	400 Free	5:02.83	26-Jun-09	LY VA	CT Skorcz at Lynchburg Firecracker Invitational 2009
	1500 Free	21:10.56	24-Jun-06	LY VA	Amber Wingfield
	50 Back	34.24	24-Jul-02	LY	Lauren Hines
	100 Back	1:15.50	4-Aug-85	LY	Jeanne Traer
	200 Back	2:51.14	24-Jul-08	LY VA	Deanna M. Rossman at 2008 VSI LC Age Group Champs
	50 Breast	36.44	27-Aug-06	LY VA	AMBER N. WINGFIELD at ZONES
	100 Breast	1:23.27	20-Jul-06	LY VA	AMBER N. WINGFIELD at 2006 LC Age-Group Championship
	200 Breast	2:59.44	30-Jul-09	LY VA	CT Skorcz at 2009 VSI LC Age Group Champs
	50 Fly	31.83	24-Jul-02	LY	Lauren Hines
	100 Fly	1:15.82	27-Jul-00	LY	Rachel Ritchie
	200 Fly	3:08.80	5-Jun-09	LY VA	Ashley Mauzy at 2009 SE LC Chattanooga Invite
	200 IM	2:40.82	30-Jul-09	LY VA	Ashley Mauzy at 2009 VSI LC Age Group Champs
	400 IM	5:50.51	5-Jun-09	LY VA	Ashley Mauzy at 2009 SE LC Chattanooga Invite
	200 Free Relay	2:09.30	16-Jul-83	LY	S.Howerton, L.McCarthy, B.Alexander, K.Caister
	400 Free Relay	4:42.10	30-Jul-09	LY VA	Lynchburg YMCA A. Mauzy, C. Skorcz, A. Reed, H. JENNINGS
	200 Medley Relay	2:31.96	16-Jul-83	LY	S.Howerton, B.Alexander, M.Wingfield, K.Caister
	400 Medley Relay	5:12.90	30-Jul-09	LY VA	Lynchburg YMCA A. Mauzy, C. Skorcz, A. Reed, H. JENNINGS
13-14	50 Free	28.53	6-Jul-07	LY VA	Susanna White at Firecracker Invitational
	100 Free	59.90	26-Jul-07	LY VA	Susanna White at VSI LONG COURSE SENIOR CHAMPIONSHIP
	200 Free	2:13.81	24-Jul-08	LY VA	Sarah Fredericksen at 2008 VSI LC Age Group Champs
	400 Free	4:39.18	29-Jul-04	LY	Jamie Chong

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13-14	800 Free	9:32.76	29-Jul-04	LY VA	Jamie Chong
	1500 Free	17:57.75	29-Jul-04	LY VA	Jamie Chong at 2004 LC Age Gr
	100 Back	1:11.73	26-Jul-01	LY	Meggie Edwards
	200 Back	2:35.97	30-Jul-09	LY VA	AINSLEY S. REED at 2009 VSI LC Age Group Champs
	100 Breast	1:16.03	26-Jul-07	LY VA	Susanna White at VSI LONG COURSE SENIOR CHAMPIONSHIP
	200 Breast	2:46.35	26-Jul-07	LY VA	Susanna White at VSI LONG COURSE SENIOR CHAMPIONSHIP
	100 Fly	1:08.79	26-Jun-09	LY VA	Sarah Fredericksen at Lynchburg Firecracker Invitational 2009
	200 Fly	2:31.21	30-Jul-09	LY VA	Sarah Fredericksen at 2009 VSI LC Age Group Champs
	200 IM	2:29.07	26-Jul-07	LY VA	Susanna White at VSI LONG COURSE SENIOR CHAMPIONSHIP
	400 IM	5:14.11	26-Jul-07	LY VA	Susanna White at VSI LONG COURSE SENIOR CHAMPIONSHIP
	200 Free Relay	2:02.21	27-Jul-86	LY	J.Traer, J.King, S.Stoudt, S.Howerton
	400 Free Relay	4:30.80	13-Jun-08	LY VA	A. Wingfield, M. Skorcz, S. Fredericksen, A. Black
	200 Medley Relay	2:22.45	17-Jun-94	LY	K.Rodman, A.Jones, E.Olsen, A.Clark
	400 Medley Relay	5:01.76	13-Jun-08	LY VA	A. Black, A. Wingfield, S. Fredericksen, M. Skorcz
15-16	50 Free	27.01	23-Jul-09	LY VA	Susanna White at VA LC Senior Championships
	100 Free	59.04	23-Jul-09	LY VA	Susanna White at VA LC Senior Championships
	200 Free	2:09.02	23-Jul-09	LY VA	Susanna White at VA LC Senior Championships
	400 Free	4:40.84	26-Jun-09	LY VA	Susanna White at Lynchburg Firecracker Invitational 2009
	800 Free	9:51.88	23-Jul-09	LY VA	Maddy Skorcz at VA LC Senior Championships
	1500 Free	18:18.64	28-Apr-07	LY VA	Jamie H. Chong at Just Swim AGAIN LC Derby - 2007
	100 Back	1:09.13	24-Apr-95	LY	Cary Chipley
	200 Back	2:30.53	24-Apr-95	LY	Cary Chipley
	100 Breast	1:15.26	23-Jul-09	LY VA	AMBER N. WINGFIELD at VA LC Senior Championships
	200 Breast	2:51.08	4-Aug-91	LY	Annette Bultema
	100 Fly	1:04.79	23-Jul-09	LY VA	AMBER N. WINGFIELD at VA LC Senior Championships
	200 Fly	2:23.80	23-Jul-09	LY VA	AMBER N. WINGFIELD at VA LC Senior Championships
	200 IM	2:25.76	14-May-09	LY VA	Susanna White at 2009 NC Charlotte UltraSwim
	400 IM	5:15.11	23-Jul-09	LY VA	Susanna White at VA LC Senior Championships
15-18	200 Free Relay	2:00.75	3-Aug-83	LY	L.Mays, M.Ross, L.Snead, L.Rice
	400 Free Relay	4:18.50	19-Nov-88	LY	C.Lewis, J.Traer, J.King, D.Bird
	200 Medley Relay	2:20.88	3-Aug-83	LY	L.Mays, M.Ross, L.Snead, L.Rice
	400 Medley Relay	4:54.33	19-Nov-88	LY	S.Howerton, J.Traer, J.King, D.Bird
17-18	50 Free	27.63	6-Aug-07	LY VA	LAUREN A. HINES at 2007 Speedo Junior National Championships
	100 Free	1:00.07	26-Jul-07	LY VA	LAUREN A. HINES at VSI LONG COURSE SENIOR CHAMPIONSHIP
	200 Free	2:14.51	26-Jul-07	LY VA	Jamie H. Chong at VSI LONG COURSE SENIOR CHAMPIONSHIP
	400 Free	4:36.53	26-Jul-07	LY VA	Jamie H. Chong at VSI LONG COURSE SENIOR CHAMPIONSHIP
	800 Free	9:24.79	26-Jul-07	LY VA	Jamie H. Chong at VSI LONG COURSE SENIOR CHAMPIONSHIP
	1500 Free	17:52.59	26-Jul-07	LY VA	Jamie H. Chong at VSI LONG COURSE SENIOR CHAMPIONSHIP
	100 Back	1:10.34	6-Aug-07	LY VA	LAUREN A. HINES at Jr. Nats
	200 Back	2:32.25	26-Jul-07	LY VA	Jamie H. Chong at VSI LONG COURSE SENIOR CHAMPIONSHIP
	100 Breast	1:19.41	20-Jun-91	LY	Annette Bultema
	200 Breast	2:53.16	20-Jun-91	LY	Annette Bultema
	100 Fly	1:08.83	19-Nov-88	LY	Jill King
	200 Fly	2:40.82	19-Nov-88	LY	Jill King
	200 IM	2:32.23	19-Nov-88	LY	Jill King
	400 IM	5:22.47	23-Jul-09	LY VA	EMILY L. BLACK at VA LC Senior Championships
Open	50 Free	27.01	23-Jul-09	LY VA	Susanna White at VA LC Senior Championships
	100 Free	59.04	23-Jul-09	LY VA	Susanna White at VA LC Senior Championships
	200 Free	2:09.02	23-Jul-09	LY VA	Susanna White at VA LC Senior Championships

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Open	400 Free	4:36.53	26-Jul-07	LY VA	Jamie H. Chong at VSI LONG COURSE SENIOR CHAMPIONSHIP
	800 Free	9:24.79	26-Jul-07	LY	Jamie Chong
	1500 Free	17:52.59	26-Jul-07	LY	Jamie Chong
	100 Back	1:09.13	24-Apr-95	LY	Cary Chipley
	200 Back	2:30.53	24-Apr-95	LY	Cary Chipley
	100 Breast	1:15.26	23-Jul-09	LY VA	Amber Wingfield at LONG COURSE SENIOR CHAMPIONSHIP
	200 Breast	2:46.35	26-Jul-07	LY VA	Susanna White at VSI LONG COURSE SENIOR CHAMPIONSHIP
	100 Fly	1:04.79	23-Jul-09	LY VA	AMBER N. WINGFIELD at VA LC Senior Championships
	200 Fly	2:23.80	23-Jul-09	LY VA	AMBER N. WINGFIELD at VA LC Senior Championships
	200 IM	2:25.76	14-May-09	LY VA	Susanna White
	400 IM	5:14.11	26-Jul-07	LY VA	Susanna White at VSI LONG COURSE SENIOR CHAMPIONSHIP
	200 Free Relay	1:54.71	26-Jul-07	LY VA	Lynchburg YMCA L. HINES, S. White, M. Simpson, J. Chong
	400 Free Relay	4:14.48	26-Jul-07	LY VA	Lynchburg YMCA S. White, L. HINES, A. WINGFIELD, J. Chong
	800 Free Relay	9:06.16	26-Jul-07	LY VA	Lynchburg YMCA L. HINES, J. Chong, A. WINGFIELD, S. White
	200 Medley Relay	2:12.91	28-Jul-03	LY	M.Edwards, R.Ritchie, L.Hines, K.Salm
	400 Medley Relay	4:54.33	19-Nov-88	LY	S.Howerton, J.Traer, J.King, D.Bird

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RECORDS 50 meter team record

LC Meters-Male

8 & U	50 Free	37.67	14-May-85	LY	Jon Alvarez	
	100 Free	1:26.75	14-May-85	LY	Jon Alvarez	
	200 Free	3:19.53	26-Jun-09	LY VA	Matthew Davidson at Lynchburg Firecracker Invitational 2009	
	400 Free	7:53.95	7-Jul-06	LY	Devin Creger	
	50 Back	45.17	25-Jul-87	LY	John Smith	
	100 Back	1:50.38	26-Jun-09	LY VA	Matthew Davidson at Lynchburg Firecracker Invitational 2009	
	50 Breast	50.54	17-Jun-94	LY	Stuart Frankfort	
	100 Breast	1:48.13	17-Jun-94	LY	Stuart Frankfort	
	50 Fly	44.56	25-Jul-87	LY	John Smith	
	200 IM	3:32.03	25-Jun-85	LY	Jon Alvarez	
	9-10	50 Free	31.30	29-Jul-98	LY	Coleman Wombwell
		100 Free	1:10.06	29-Jul-98	LY	Coleman Wombwell
		200 Free	2:36.65	28-Jul-94	LY	Trevor Jamerson
		400 Free	5:40.01	24-Jul-08	LY VA	Devin Creger at 2008 VSI LC Age Group Champs
50 Back		37.27	19-May-93	LY	Lucas Jones	
100 Back		1:21.51	31-Jul-93	LY	Lucas Jones	
50 Breast		39.24	17-May-83	LY	Trey Tanner	
100 Breast		1:27.28	17-May-83	LY	Trey Tanner	
50 Fly		33.15	8-Aug-75	LY	Nicky Salido	
100 Fly		1:22.54	29-Jul-98	LY	Coleman Wombwell	
200 IM		2:58.17	4-Aug-85	LY	Andrew Stoudt	
200 Free Relay		2:10.80	25-Jun-79	LY	D.Barnes, N.Salido, M.Roberts, T.Gerhardt	
200 Medley Relay		2:29.60	25-Jun-79	LY	D.Barnes, N.Salido, J.Parker, T.Gerhardt	
11-12		50 Free	28.48	14-May-85	LY	Trey Tanner
	100 Free	1:00.79	14-May-85	LY	Trey Tanner	
	200 Free	2:11.68	14-May-85	LY	Trey Tanner	
	400 Free	4:43.72	14-May-85	LY	Trey Tanner	
	800 Free	10:51.02	16-May-08	LY VA	Blake Proffitt at The 11th Annual YSSC May LC Coaches Invite	
	1500 Free	21:31.29	6-Jun-03	LY	Nick Gorman	
	50 Back	33.34	18-May-87	LY	Jason Tanner	
	100 Back	1:10.64	28-Apr-07	LY VA	Caleb WILLIAMS at Just Swim AGAIN LC Derby - 2007	
	200 Back	2:32.40	28-Apr-07	LY VA	Caleb WILLIAMS at Just Swim AGAIN LC Derby - 2007	
	50 Breast	34.78	14-May-85	LY	Trey Tanner	
	100 Breast	1:15.50	14-May-85	LY	Trey Tanner	
	200 Breast	3:03.26	23-Jun-00	LY	Scott Thacker	
	50 Fly	30.16	12-Aug-00	LY	Coleman Wombwell	
	100 Fly	1:10.40	15-May-09	LY VA	Logan White at 12th Annual YSSC May LC Coaches Invitational	
	200 Fly	2:38.64	15-May-09	LY VA	Logan White at 12th Annual YSSC May LC Coaches Invitational	
	200 IM	2:26.46	14-May-85	LY	Trey Tanner	
	400 IM	5:29.88	15-May-09	LY VA	Logan White at 12th Annual YSSC May LC Coaches Invitational	
	200 Free Relay	2:02.63	27-Jul-00	LY	C.Wombwell, G.Templeton, S.Thacker, B.Giese	
	400 Free Relay	4:25.12	14-May-85	LY	J.Shieh, C.Connell, R.Montgomery, C.Gabaldon	
	200 Medley Relay	2:17.51	28-Jul-80	LY	D.Barnes, M.Cox, N.Salido, J.McLemore	
	400 Medley Relay	4:44.84	18-May-80	LY	D.Barnes, T.Gerhardt, D.Snead, N.Salido	
	13-14	50 Free	25.30	11-Aug-00	LY	Kip Abbott
		100 Free	56.10	8-Aug-07	LY VA	CARTER L. WATSON at N I Eastern Zones

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RECORDS 50 meter team record

13-14	200 Free	2:03.34	19-Jul-07	LY VA	CARTER L. WATSON at 2007 LC Age Group Championships
	400 Free	4:22.91	8-Aug-07	LY VA	CARTER L. WATSON at N I Eastern Zones
	800 Free	8:58.89	8-Aug-07	LY VA	CARTER L. WATSON at N I Eastern Zones
	1500 Free	17:47.82	3-Aug-92	LY	Marcus Hill
	100 Back	1:04.79	24-Jul-08	LY VA	Caleb WILLIAMS at 2008 VSI LC Age Group Champs
	200 Back	2:16.70	24-Jul-08	LY VA	Caleb WILLIAMS at 2008 VSI LC Age Group Champs
	100 Breast	1:12.33	5-Aug-02	LY	Scott Thacker
	200 Breast	2:37.12	19-Nov-88	LY	Nathan Toms
	100 Fly	1:04.61	19-Jul-07	LY VA	CARTER L. WATSON at 2007 LC Age Group Championships
	200 Fly	2:31.34	14-Aug-94	LY	Forrest Frazier
	200 IM	2:20.59	19-Jul-07	LY VA	CARTER L. WATSON at 2007 LC Age Group Championships
	400 IM	5:02.91	31-Jul-93	LY	John Smith
	200 Free Relay	1:48.10	27-Jul-00	LY	K.Abbott, W.Cook, A.Riscart, M.Elliott
	400 Free Relay	4:02.63	19-Jul-07	LY VA	Lynchburg YMCA C. WATSON, J. Pettyjohn, C. NOWAKOWSKI, C. I
	200 Medley Relay	2:05.81	3-Aug-83	LY	T.Gerhardt, D.Barnes, D.Snead, N.Salido
	400 Medley Relay	4:36.12	19-Jul-07	LY VA	Lynchburg YMCA C. NOWAKOWSKI, C. HEAD, C. WATSON, J. Pet
15-16	50 Free	25.02	23-Jul-09	LY VA	CARTER L. WATSON at VA LC Senior Championships
	100 Free	54.47	23-Jul-09	LY VA	CARTER L. WATSON at VA LC Senior Championships
	200 Free	1:58.76	23-Jul-09	LY VA	Kemp Pettyjohn at VA LC Senior Championships
	400 Free	4:06.53	23-Jul-09	LY VA	Kemp Pettyjohn at VA LC Senior Championships
	800 Free	8:37.41	23-Jul-09	LY VA	Andrew COOK at VA LC Senior Championships
	1500 Free	16:19.85	23-Jul-09	LY VA	Andrew COOK at VA LC Senior Championships
	100 Back	1:02.12	2-Aug-90	LY	Jason Tanner
	200 Back	2:14.40	23-Jul-09	LY VA	Caleb WILLIAMS at VA LC Senior Championships
	100 Breast	1:08.80	23-Jul-09	LY VA	CARTER L. HEAD at VA LC Senior Championships
	200 Breast	2:26.73	23-Jul-09	LY VA	CARTER L. HEAD at VA LC Senior Championships
	100 Fly	1:03.06	14-Aug-94	LY	John Smith
	200 Fly	2:14.22	23-Jul-09	LY VA	Andrew COOK at VA LC Senior Championships
	200 IM	2:11.98	23-Jul-09	LY VA	CARTER L. WATSON at VA LC Senior Championships
400 IM	4:43.11	23-Jul-09	LY VA	CARTER L. WATSON at VA LC Senior Championships	
15-18	200 Free Relay	1:46.19	14-Aug-94	LY	C.Smith, J.Smith, M.Hill, P.Wallace
	400 Free Relay	3:51.79	14-Aug-94	LY	C.Smith, J.Smith, M.Hill, P.Wallace
	200 Medley Relay	2:02.36	3-Aug-83	LY	R.Harris, M.Cox, K.Long, R.Waldis
	400 Medley Relay	4:31.43	3-Aug-83	LY	R.Harris, K.Long, M.Cox, R.Waldis
17-18	50 Free	25.02	6-Aug-07	LY VA	Travis Stauder at Jr. Nats
	100 Free	54.30	17-Jul-08	LY VA	TRAVIS K. STAUDER at VA LC Senior Championships
	200 Free	1:58.66	24-Jul-03	LY	Reid Madden
	400 Free	4:07.80	24-Jul-03	LY	Reid Madden
	800 Free	8:38.53	23-Jul-09	LY VA	JASON C. BRAME at VA LC Senior Championships
	1500 Free	16:36.16	23-Jul-09	LY VA	JASON C. BRAME at VA LC Senior Championships
	100 Back	1:04.47	14-Aug-95	LY	Marcus Hill
	200 Back	2:19.69	14-Aug-95	LY	Marcus Hill
	100 Breast	1:06.27	17-Jul-08	LY VA	TRAVIS K. STAUDER at VA LC Senior Championships
	200 Breast	2:29.90	17-Jul-08	LY VA	TRAVIS K. STAUDER at VA LC Senior Championships
	100 Fly	1:00.48	25-Jul-84	LY	Kevin Long
	200 Fly	2:10.05	23-Jul-09	LY VA	JASON C. BRAME at VA LC Senior Championships
	200 IM	2:11.73	17-Jul-08	LY VA	TRAVIS K. STAUDER at VA LC Senior Championships
	400 IM	4:40.53	23-Jul-09	LY VA	JASON C. BRAME at VA LC Senior Championships
Open	50 Free	25.02	23-Jul-09	LY	Carter Watson/Travis Stauder

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RECORDS 50 meter team record

Open	100 Free	54.30	17-Jul-08	LY	Travis Stauder
	200 Free	1:58.66	24-Jul-03	LY	Reid Madden
	400 Free	4:06.53	23-Jul-09	LY	Kemp Pettyjohn
	800 Free	8:37.41	23-Jul-09	LY	Andrew Cook
	1500 Free	16:19.85	23-Jul-09	LY VA	Andrew Cook
	100 Back	1:02.12	2-Aug-90	LY	Jason Tanner
	200 Back	2:14.40	23-Jul-09	LY VA	Caleb WILLIAMS at VA LC Senior Championships
	100 Breast	1:06.51	17-Jul-08	LY VA	TRAVIS K. STAUDER
	200 Breast	2:26.73	23-Jul-09	LY VA	Carter Head
	100 Fly	1:00.48	25-Jul-84	LY	Kevin Long
	200 Fly	2:10.05	23-Jul-09	LY VA	JASON C. BRAME at VA LC Senior Championships
	200 IM	2:11.73	17-Jul-08	LY VA	TRAVIS K. STAUDER at VA LC Senior Championships
	400 IM	4:40.53	23-Jul-09	LY VA	JASON C. BRAME at VA LC Senior Championships
	200 Free Relay	1:39.80	23-Jul-09	LY VA	Lynchburg YMCA J. Pettyjohn, T. STAUDER, C. WATSON, J. BRAMI
	400 Free Relay	3:51.79	14-Aug-94	LY	C.Smith, J.Smith, M.Hill, P.Wallace
	800 Free Relay	8:03.92	23-Jul-09	LY VA	Lynchburg YMCA J. Pettyjohn, C. WATSON, J. BRAME, C. NOWAK
	200 Medley Relay	2:02.08	1-Aug-00	LY	R.Madden, S.Ayers, K.Abbott, H.Jamerson
	400 Medley Relay	4:07.46	23-Jul-09	LY VA	Lynchburg YMCA J. WILLIAMS, C. HEAD, J. BRAME, C. WATSON